Access speaker bios here:

https://files.asprtracie.hhs.gov/documents/healthcare-resilience-and-mitigation-webinar-speaker-bios.pdf

Access the webinar recording here: https://attendee.gotowebinar.com/
recording/2700212981037313024

Access the transcript here: https://files.asprtracie.hhs.gov/documents/healthcare-resilience-webinar-transcript-final.pdf



HEALTHCARE EMERGENCY PREPAREDNESS
INFORMATION GATEWAY

Healthcare Facility Extreme Weather Resilience and Mitigation June 5, 2024



The opinions expressed in this presentation and on the following slides by non-federal government employees are solely those of the presenter and not necessarily those of the U.S. government. The accuracy or reliability of the information provided is the opinion of the individual organization or presenter represented.





Rachel Lehman Acting Program Director, ASPR TRACIE



ASPR Key Priorities





ASPR TRACIE: Three Domains



- Self-service collection of audience-tailored materials
- Subject-specific, SME-reviewed "Topic Collections"
- Unpublished and SME peer-reviewed materials highlighting real-life tools and experiences





- Personalized support and responses to requests for information and technical assistance
- Accessible by toll-free number (1844-5-TRACIE), email (askasprtracie@hhs.gov), or web form (ASPRtracie.hhs.gov)





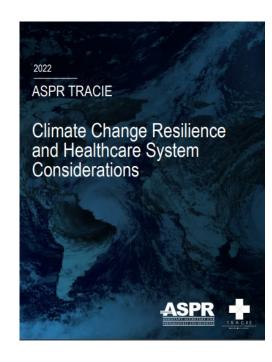
- Area for password-protected discussion among vetted users in near real-time
- Ability to support chats and the peer-to-peer exchange of user-developed templates, plans, and other materials





Select Relevant ASPR TRACIE Resources

- Climate Change Resilience and Healthcare System Considerations
- Climate Change and Healthcare System Considerations Topic Collection
- Hurricane Resources Page
- Major Hurricane Potential PH and Medical Implications
- Major Earthquakes & Cascading Events: Potential Health and Medical Implications
- Natural Disasters TC
- <u>The Exchange Issue 6: Evacuating Healthcare Facilities</u>
- <u>The Exchange</u> Issue 10: Preparing for and Responding to Wildfires and <u>Planned Outages</u>
- The Exchange Issue 19: Extreme Weather and Healthcare (Coming Soon)





Aparna Bole, MD
HHS Office of Climate Change & Health Equity (OCCHE)
Moderator



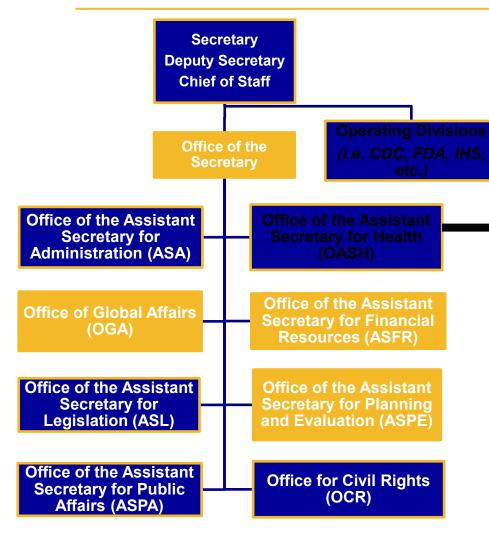
Climate Resilience for Health Care

Aparna Bole, MD
Agency for Healthcare Research & Quality/
Office of Climate Change and Health Equity



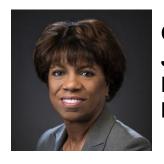


Office of the Assistant Secretary for Health





Assistant Secretary for Health Admiral Rachel L. Levine



Office of Environmental Justice - Est. 2022 Dr. Sharunda Buchanan Interim Director



Office of Climate Change and Health Equity - Est. 2021 Dr. John Balbus Director

Air Pollution & Increasing Allergens

Asthma, allergies, cardiovascular and respiratory diseases

Extreme Heat

Heat-related illness and death, cardiovascular failure

Drought

Water supply impacts, dust storms, Valley Fever

Stress, anxiety, depression, **Environmental Degradation**

Forced migration, civil conflict, loss of jobs and income

Wildfires & Wildfire Smoke

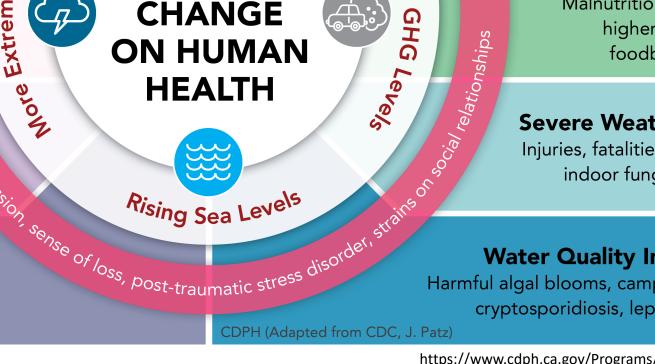
Injuries, fatalities, loss of homes, cardiovascular and respiratory diseases Mental Health Impac



IMPACTS OF CLIMATE CHANGE

Weather

Extreme



Degraded Living Conditions & Social Inequities

Exacerbation of racial and health inequities and vulnerabilities, loss of employment

Changes In Vector Ecology

Lyme disease, West Nile Virus, hantavirus, malaria, encephalitis

Food System Impacts

Malnutrition, food insecurity, higher food prices, foodborne illness

Severe Weather & Floods

Injuries, fatalities, loss of homes, indoor fungi and mold

Water Quality Impacts

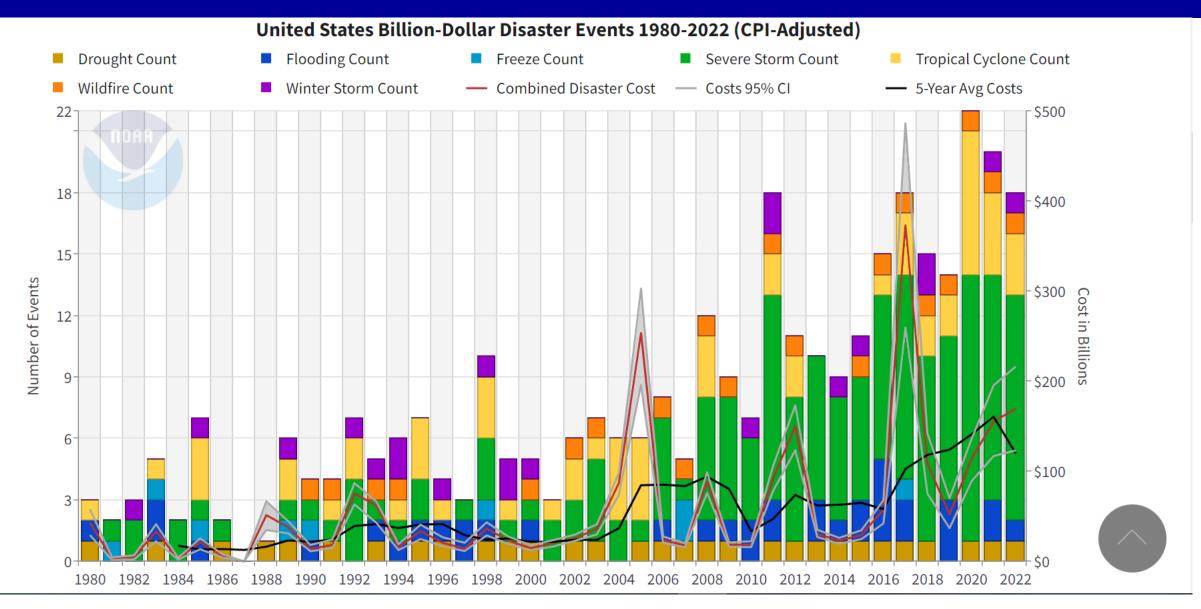
Harmful algal blooms, campylobacteriosis, cryptosporidiosis, leptospirosis

Increasing

GHG

https://www.cdph.ca.gov/Programs/OHE/pages/CCHEP.aspx









WHO's Operational Framework for Building Climate Resilient Health

Systems

 A climate-resilient health system is "capable to anticipate, respond to, cope with, recover from, and adapt to climate-related shocks and stress, so as to bring sustained improvements in population health, despite an unstable climate."



https://bit.ly/3lqBJPP





Key Elements of a Healthcare Climate Resilience Plan

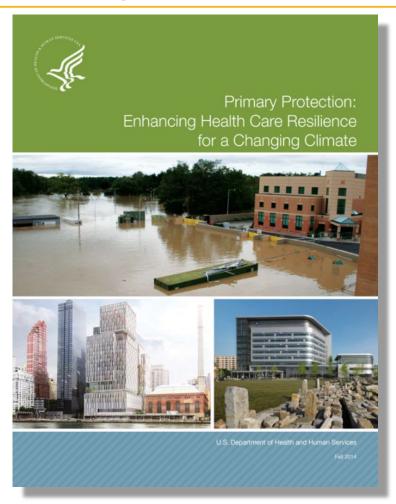
- 1. Prospective risk assessment
- 2. Health equity and community engagement
- Assessment and remediation of vulnerabilities in infrastructure and operations
- 4. Collaboration between healthcare organizations
- 5. Interdisciplinary planning, oversight, and evaluation



Climate Resilience for Health Care (CR4HC): Updated Toolkit

- Update to "Sustainable & Climate Resilient Healthcare Facilities Toolkit"
- Planned fall 2024 publication
- Alignment with other HHS emergency preparedness tools and guidance
- Primary audience: healthcare emergency management professionals
- More modular, user-friendly content
- Updated case studies, reflecting a diversity of facility types
- Housed within NOAA Climate Resilience Toolkit site





CR4HC Toolkit Structure



Impact of Extreme Heat on Health Care Facilities

1. Prospective Risk Assessment



Extreme heat risk assessments in emergency management plar traditionally retrospective. Adding forward-facing climate project the risk assessment can help healthcare organizations plan for exposures and vulnerabilities, such as more frequent, severe, and heat waves. For example, a study found that New York City's dec 2008 to lower its threshold for activating the local heat emerger was subsequently associated with a daily reduction of 0.8 heat leaves more frequent, severe, and heat waves. For example, a study found that New York City's dec 2008 to lower its threshold for activating the local heat emerger was subsequently associated with a daily reduction of 0.8 heat leaves more frequent, severe, and heat waves. For example, a study found that New York City's dec 2008 to lower its threshold for activating the local heat emerger was subsequently associated with a daily reduction of 0.8 heat leaves more frequent, severe, and heat waves. For example, a study found that New York City's dec 2008 to lower its threshold for activating the local heat emerger was subsequently associated with a daily reduction of 0.8 heat leaves more frequent, severe, and heat waves. For example, a study found that New York City's dec 2008 to lower its threshold for activating the local heat emerger was subsequently associated with a daily reduction of 0.8 heat leaves more frequent.

- Collaboration with ASPR to align with updated Risk Identification and Site Criticality (RISC) Toolkit
- Can be navigated online or in downloadable PDFs
- Intro/ resilience strategies + links to tools
 & resources/ case studies
- Resilience strategies organized around key elements
- All-hazards approach but content organized around climate-related hazards named in RISC toolkit

Climate Resilience Actions

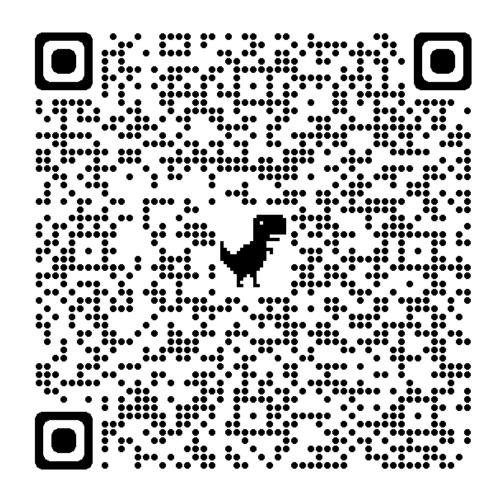
Tools and resources relevant to these actions can be found at:

HEAT: Element 1: Prospective Risk Assessment Tools and Resources



Quickfinder for Leveraging the IRA for the Health Sector

- 1. Background on climate change and health equity
- 2. Overview of investments and actions potentially facilitated by the IRA
- 3. Summaries of relevant IRA programs







Thank you!

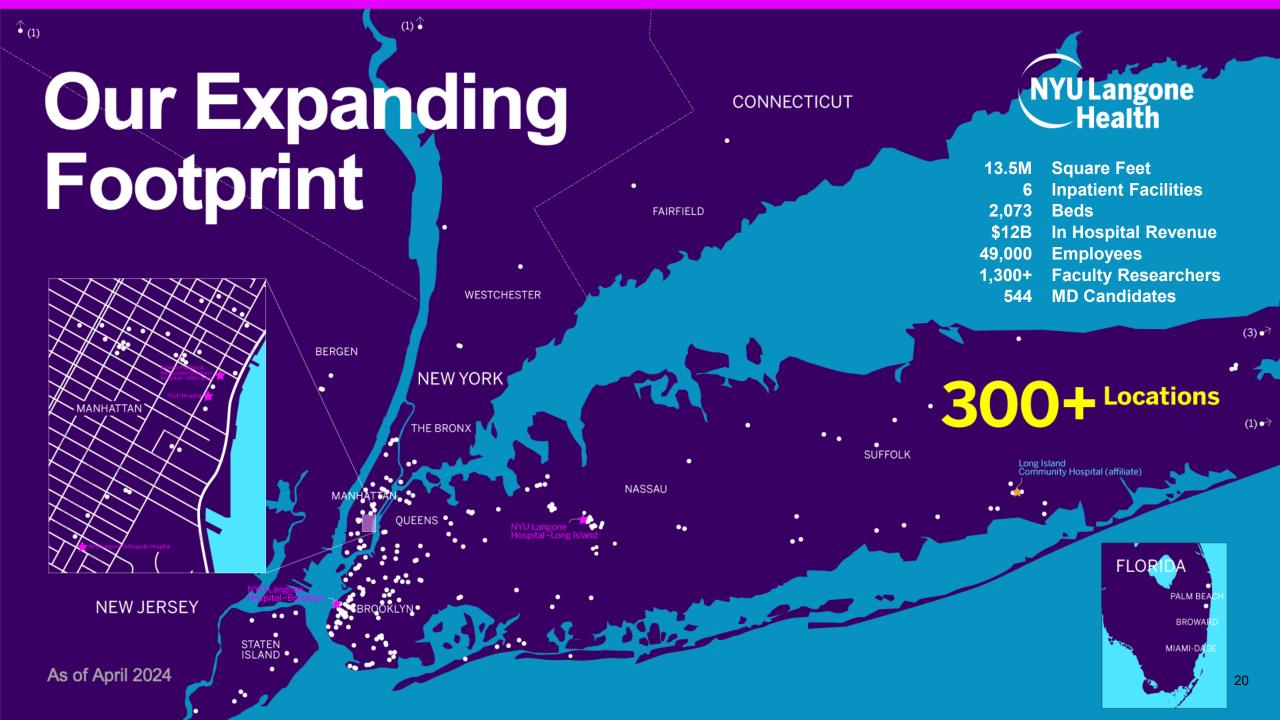
Contact us: OCCHE@hhs.gov

Visit us online and sign up for our listserv at www.hhs.gov/ocche



Jenna Agins, MBA, MS
Energy & Sustainability Assistant Director
NYU Langone Health





Key Achievements

1st

Campus in the world to achieve both USGBC PEER & LEED Platinum certification

TOP 25

Hospital for sustainable practices
2022 Practice Greenhealth award

1st

NYC-based member of the US Health Care Climate Council Joined in 2020

TOP 10

Circles of Excellence – Green Buildings 2024 Practice Greenhealth award



Commitments

National & International

- US Department of Human & Health Services Health Sector Pledge
- US Health Care Climate Council
- Health Care Climate Challenge
- National Academy of Medicine's "Accelerating the National Climate and Health Movement"

City & State

- NYC Carbon Challenge
- Clean Air NY
- NY State Clean Green Campuses

Goals

50% carbon emissions reduction by 2030

Achieve carbon neutrality by 2050

Core Values

"Our experience during Hurricane Sandy and its aftermath prompted us to reimagine resilient and sustainable design"

- Paul Schwabacher, P.E. Senior Vice President, Facilities Management, NYU Langone Health

- Embrace opportunities to change
- Support resiliency and climate preparedness beyond industry standards in healthcare & required by regulation/government/FEMA
- Use a collaborative master planning & design process
- Conduct annual hazard vulnerability assessments that take climate change into account
- Expand commitment to energy efficiency and carbon reduction
- Build a culture of resiliency
- Focus on emergency preparedness and business continuity planning



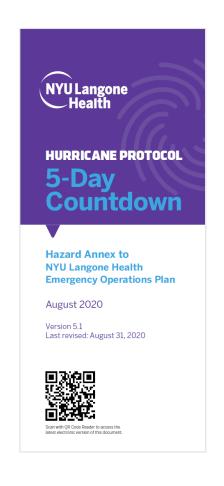
Approach to Design for Resiliency and Sustainability

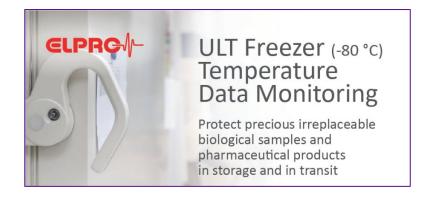
- Evidence-based design decisions using forward looking climate projections
- Major investment in infrastructure for resiliency, sustainability and energy efficiency
- Focus on energy conservation, long-term decarbonization, and beneficial electrification
- Elevate critical infrastructure, patient care, research, communications and support functions and add capacity and redundancy
- Explore microgrids with varied DERs like geothermal, cogeneration and renewables + battery
- Increase demand management capabilities with cleaner backup generation
- Harden campuses and protect the perimeter
- Design sustainable, LEED buildings & install green infrastructure
- Plan for flexibility and future requirements for spaces
- Design for emergency management + enterprise resiliency for natural and human based disasters (resilient operations)



Resilient Operations











East River Campus Case Study

3.5 million ft² with 10 interconnected buildings

Energy Independent

- 13 MW of cogeneration systems, most dual fuel
- >25 MW diesel backup emergency generation
- 2 backup boilers
- Enhanced black start capabilities
- 6 redundant high tension electrical services with power fed from two different utility substations

Campus Design

- Raised critical infrastructure, IT, programs, & communications above designed flood elevation
- Redundant data centers connected to all buildings
- Building containment & compartmentalization
- Extensive flood protection, walls, gates & doors

- Passive measures like "up-and-over" stairs
- Deployable pumping + permanent piping
- Elevator protection and programming
- Green roofs & green spaces to manage stormwater
- Exterior-accessible, elevated emergency fuel refilling locations

Operations

- Enhanced demand management capabilities
- Automatic emergency operation modes
- Continuous commissioning of systems
- Infrastructure and flood mitigation measure testing
- Staff training, communications and drills









Performance Excellence in Electricity Renewal





SCIENCE BUILDING GREY
WATER RECYCLING SYSTEM



PROGRESS



70.1

Con Ed Utility Service

Cogeneration System & Backup Boilers

Emergency Generators & Switchgear

Linear Accelerators

NYULH DFE (Sandy + 2 feet) New FEMA 500-Year Elevation Sandy High Water Level

LOADING DOCK DEPLOYABL

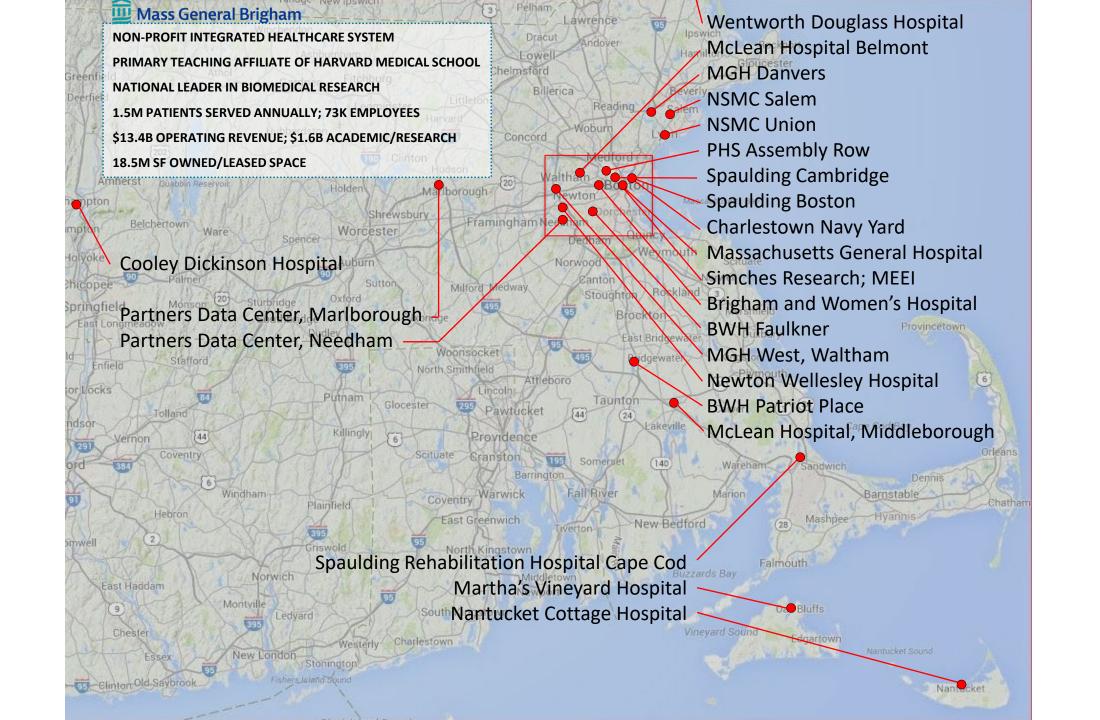


David Burson, AIA, NCARB

Senior Project Manager, Real Estate and Facilities

Mass General Brigham





MASS GENERAL BRIGHAM SUSTAINABLE INITIATIVES Leadership and Public Health

To support Mass General Brigham in becoming a leader for promoting a healthy environment, optimizing the care of our patients and the well-being of our employees while conserving the resources we expend.

Mass General Brigham cannot be viewed as contributing to the health problems manifested in the patients we are treating.





Resilient Design - Spaulding Rehabilitation Hospital



SPAULDING REHABILITATION HOSPITAL

Statistics

- 378,000 s.f. Rehabilitation Hospital
 - 261,300 s.f. above grade
 - 117,000 s.f. below grade [primarily parking]
- 9 Floors above grade, including Mechanical Penthouse
- 132 Acute Rehab Beds
- Outpatient Clinics & Therapy
- Research and Teaching Hospital
- Opened April 2013
- LEED v2.2 Gold Certification







NEW ORLEANS HOSPITALS: HURRICANE KATRINA 2005

- New Orleans hospitals including the VA,
 Charity, and Mercy hospitals were evacuated due to loss of emergency power, water, sewage treatment and critical infrastructure.
 Dozens of deaths were related to post storm conditions in the hospitals.
- The new Southeast Louisiana Veterans
 Health Care Service (SLVHCS) was designed to "Defend in Place" for 7 days.
 - Floor elevations and critical functions set to withstand future levee breaks
 - Provisions and accommodations for up to
 1,000 patients and staff
 - Energy Plant stores **320,000 gallons of fuel**
 - Storage of over 1,000,000 gallons of captured rainwater and on-site sewage treatment plant
 - Warehouse for food & emergency supplies







BUILDING RESILIENCY STRATEGIES

- Design and construct (or renovate) buildings to handle severe storms, flooding, wildfire, and other impacts that are expected to result from a warming climate.
- Locate critical systems to withstand flooding and extreme weather events.
- Create buildings that will maintain livable conditions in the event of extended loss of power or heating fuel through energy load reductions and reliance on passive heating and cooling strategies. (passive survivability)
- Reduce dependence on complex building controls and systems. Provide manual overrides in case of malfunction or temporary power outages.
- Rely on *vernacular design* practices that were prevalent before the advent of air conditioning and central heating.
 Combine these with modern materials to optimize resilient design.



Damage at St. John's Regional Medical Center caused by the May 22, 2011, tornado.



Mercy Hospital Joplin, which opened in March 2015. The new hospital is a "storm-hardened" facility with a precast concrete shell, windows that can withstand high winds, and partially buried generators for backup power in an emergency.

PASSIVE SURVIVABILITY

- The decision to "Shelter in Place" during extended periods of power outages call for measures to extend critical conditioning systems through emergency power hookups and/ or passive measures to extend habitable temperatures for longer periods of time.
- Enhanced building enclosures to reduce solar gain or heat loss depending on the exterior conditions to maintain thermal comfort.
- Daylighting so that during the day spaces are habitable without electric lights.
- Operable windows to mitigate overheating in the event a building remains occupied while patients are awaiting evacuation.
- Provisions for potable water and water for sewage conveyance are needed. Hospitals should place a high priority on developing independent, high quality reliable water supplies.



Superdome New Orleans w/ evacuees during Hurricane Katrina



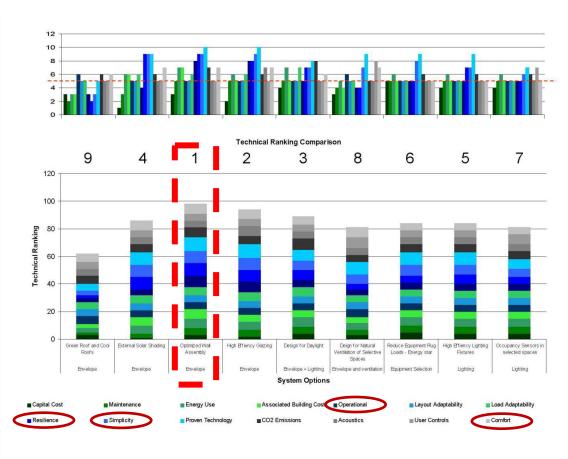
Therapy Gym at Spaulding Rehabilitation Hospital



SPAULDING REHABILTATION HOSPITAL Sustainability/ Resiliency Decision-making Process

Envelope/Lighting

- Establish criteria by which strategies would be evaluated:
 - Capital Cost
 - Maintenance
 - Energy Use
 - Associated Building Cost
 - Operational
 - Layout Adaptability
 - Load Adaptability
 - Resilience
 - Simplicity
 - Proven Technology
 - CO 2 Emissions
 - Acoustics
 - User Controls
 - Comfort
- Optimized Wall Assembly ranked #1



Study and graphics by Buro Happold Inc. Courtesy of Mass General Brigham



SPAULDING REHABILITATION HOSPITAL

Resiliency Measures

Mechanical, electrical, & emergency generators in penthouse to avoid flooding issues.

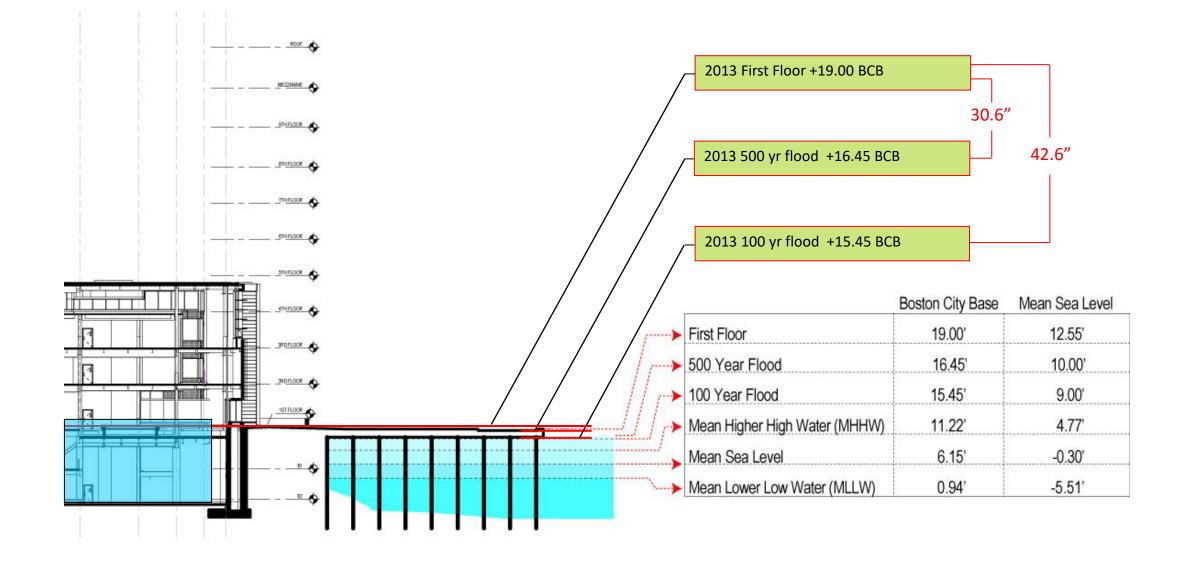
Operable windows in Patient Rooms keyed open in event of systems failure.

Critical patient programs located above the ground floor.

Ground floor and top of parking ramp set 30" above current 500-year flood level.

Berms, retaining walls & plantings act as protective barriers to storm surge.

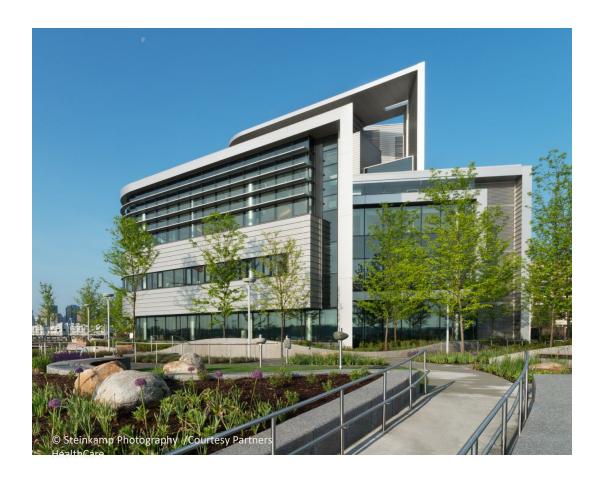






SPAULDING REHABILITATION HOSPITAL Lessons Learned

- Staff must be trained in operational procedures in order to realize the design intent e.g., use of operable windows for patient satisfaction and energy savings as well as passive survivability.
- Location of the main Kitchen and food supplies on the Ground Floor were driven by other considerations than resiliency.
- Rainwater/ other clean water capture not implemented. ROI proved to be too long to be economically feasible.
- Integration of the site and ground floor
 with the neighborhood has enabled
 Spaulding to act as a catalyst for
 community social resilience as a means to
 address adaptation to climate change.





SPAULDING REHABILITATION HOSPITAL

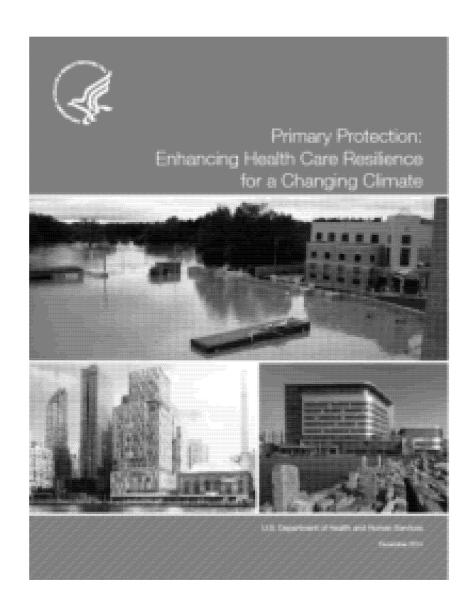
The Business Case for Resiliency

- The premium for resiliency measures was roughly \$1.5 million out of a construction cost of \$160 million. Utility rebates paid for roughly half of these additional costs.
- Investments in the high performance building enclosure and energy efficiency measures have a 5 – 8 year payback.
- Many of the resiliency measures also provide direct benefits to patients, for example the landscape design which helps to mitigate storm surge is part of a therapy garden. This has increased demand for Spaulding's services.



FOUNDATIONAL CONCEPTS OF HEALTHCARE RESILIENCE

- A network of coordinated health care services must remain operational during and following extreme weather events.
- Public Policymakers and healthcare providers must work together to determine the minimum and recommended infrastructure requirements for all healthcare delivery settings.
- Climate change is introducing new threats and new building design threshold conditions.
- Health care organizations play a key role in community resilience.
- Resilient health care organizations must anticipate extreme weather risks and transcend limitations of regional public policy, local development vulnerabilities, and community infrastructure challenges as they site, construct, and retrofit health care facilities.
- Community engagement is a key element of health care system resilience.





Resilient Design Mass General Brigham Administrative Campus, Somerville, MA







Resilient Design Mass General Brigham Corporate HQ, Somerville, MA



Resilient Design

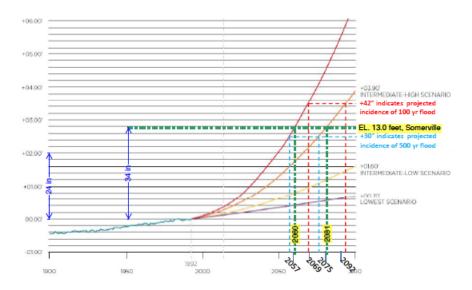


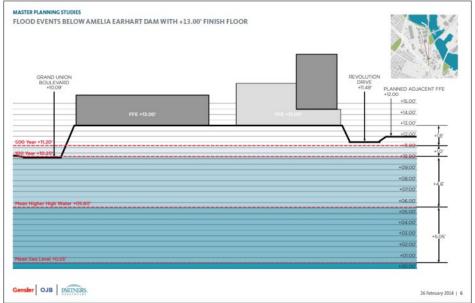
Mass General Brigham Corporate HQ, Somerville, MA

Riverine flooding from Mystic River – above the dam

Ocean flooding from SLR below the dam

- Site datum set 34" above current HHT
- High/intermediate high scenarios
- 500-yr flood vulnerability 2050's 2070's
- 100-yr flood vulnerability 2060's 2090's Redundancies for surrounding infrastructure



















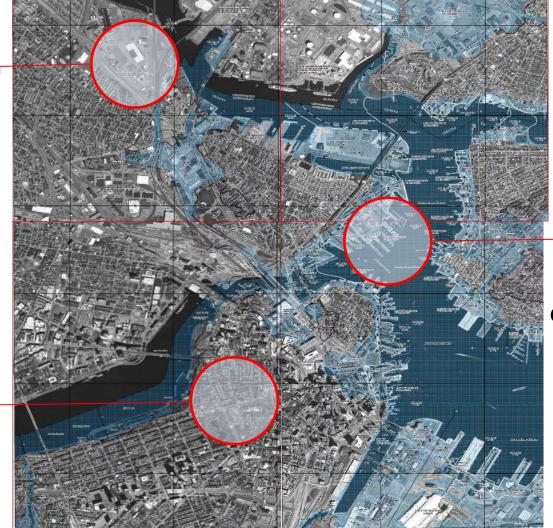


Vulnerabilities and Risk Management

Mass General Brigham

Assembly Row 1,087,500SF Administrative Campus

MGH Main Campus 4,309,811SF 1051 beds 70 OR's Simches Research Research Labs 405,900SF



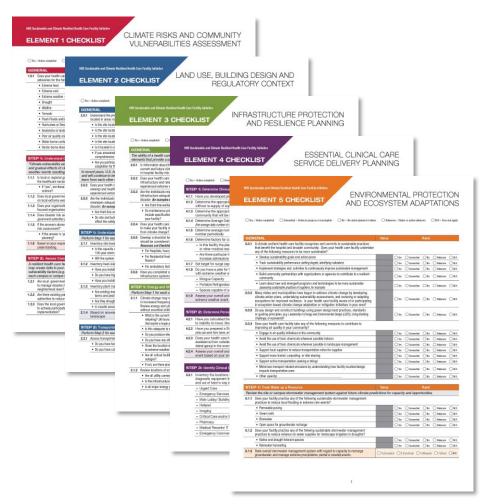
Spaulding Boston
220,339SF
132 beds
Charlestown Navy Yard
Research labs
991,170SF



SUSTAINABLE CLIMATE RESILIENT HEALTHCARE FACILITIES TOOLKIT

FRAMEWORK FOR RESILIENT HEALTHCARE SETTINGS

- ELEMENT 1: Climate Risks and Community
 Vulnerability Assessment
- ELEMENT 2: Land Use, Building Design, and Regulatory Context
- ELEMENT 3: Infrastructure Protection and Resilience Planning
- ELEMENT 4: Essential Clinical Care Service
 Delivery Planning
- ELEMENT 5: Environmental Protection and Ecosystem Adaptations







Vulnerabilities and Risk Management Mass General Brigham Strategic Climate Resiliency Plan



Climate Scenarios Hazard Assessment

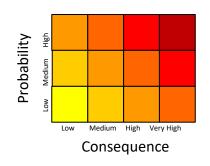


Climate analysis Hazard priorities

- SLR / Storm Surge
- Precipitation
- Temperature
- Wind
- Seismic

PHASE 2

Vulnerability Assessment



- Critical Facilities and Operations
- 5 Elements
 Checklist Risk
 Assessment
- Prioritize Needs
 Across System

PHASE 3

Implementation



- Facility Resilience
- Capital Prioritization
- Operations enhancement
- Long-term Adaptation

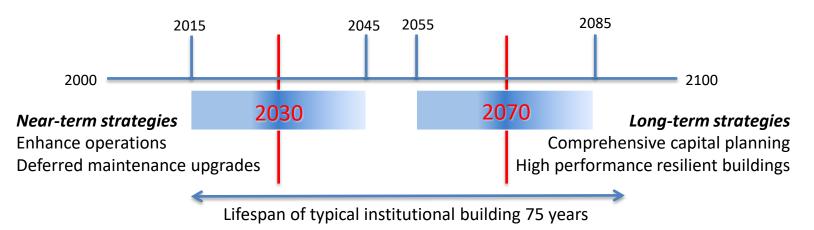




Vulnerabilities and risk management Mass General Brigham Strategic Climate Resiliency Plan

Climate analysis projections

Value of long view vs. quality of data



Risk = Probability x Consequence Where to place the emphasis?					
Probability based		Consequence based			
Informs capital investment cycle		'Worst case scenario' for emergency operations management.			
10 year	10%	Based on 5 storm models.			
100 year	1%*	* 1% probability of an event occurring in any one year			
500 year	0.2%	= 26% in 30 years			
1000 year	0.1%	= 39% in 50 years			



Risk Management - A Systemwide Strategy



Deliverables

- Individualized Climate Scenarios for 30 campuses
 SLR, Storm Surge, Precipitation, Temperature, Wind and Seismic
- Standardized Vulnerability Assessment
 Alignment with current risk criteria informed by lessons learned
- Compilation of Vulnerabilities per campus/building
- System-wide Risk Assessment
 Identification of key vulnerabilities and need for redundancy
 Impact on critical functions and business continuity
- Identification of key external dependencies
 Strategies for addressing operational dependencies
- **Insurance implications** and preliminary recommendation on incentives





Risk Management - A Systemwide Strategy

Hazards analyzed per campus

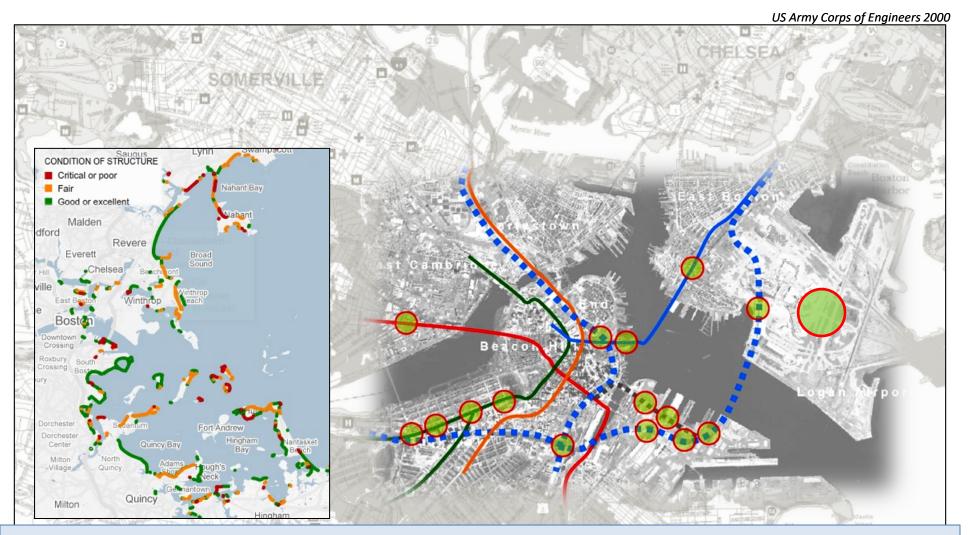
Location Name	City / Town	SLR	Surge	Precip	Temp	Wind	Seismic
BWH Faulkner Main Campus	Boston						
BWH Main Campus	Boston						
BWH CHC Brookside	Boston						
BWH CHC Southern Jamaica Plain	Boston						
BWH/MGH ACC Patriot Place	Foxborough						
Cooley Dickinson Hospital	Northampton						
McLean Main Campus	Belmont						
MGH Main Campus	Boston						
MGH 125 Nashua Street	Boston						
MGH Simches Research Center	Boston						
MGH West ACC	Waltham						
MGH CHC Charlestown	Boston						
MGH CHC Chelsea	Chelsea						
MGH CHC Everett	Everett						
MGH CHC Revere	Revere						

Project prioritization

Priority	Type of Service	Facility Type
1	 Core Inpatient Services Emergency Department Dialysis Infusion Primate/Transgenic Animal Facility Irreplaceable Research Samples Data Center Services 	 Hospital/Inpatient Building Data Center
2	 Elective Inpatient Services Core Outpatient Services Rodent/Other Animal Facility 	 Community Health Center/ACC Research Building
3	 All Other Clinical All Other Research/Lab Equipment 	 Medical Office Building Administrative Building
4	 Administrative Services Parking & Site Impacts 	



System Vulnerabilities Urban and regional dependencies



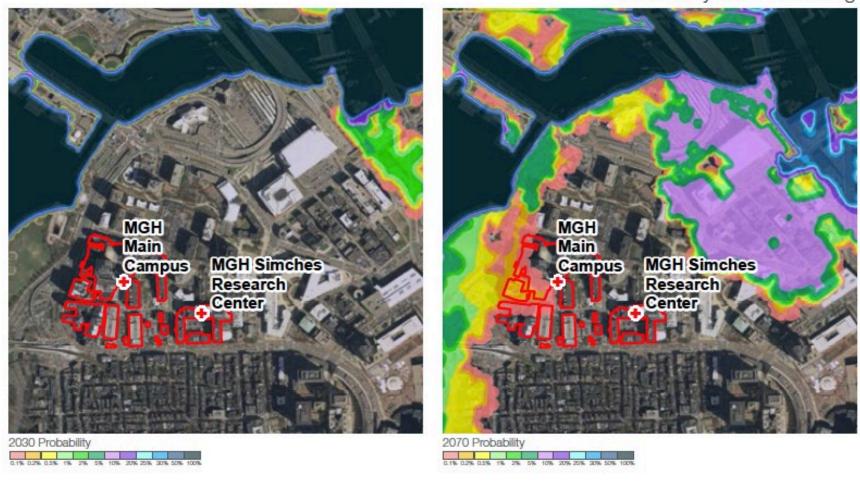
Capacity Redundancy (85-90% occupancy) Equivalence (ICU vs. Rehab.) **Access** Roads - interstate and local Tunnels and Subways **Infrastructure** Power / Gas / Water / Sewers etc. Shoreline protection





Sea Level Rise and Storm Surge

Probability-based Flooding







MGH CAMPUS RESILIENCY PROJECT

- Place of refuge for patients and staff across campus
- Capacity to shelter in place for up to four days
- Flood-proofing existing buildings and infrastructure



TRACIE

HEALTHCARE EMERGENCY PREPAREDNESS
INFORMATION GATEWAY

Panel Roundtable



Question & Answer





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