Access the entire webinar series here: https://files.asprtracie.hhs.gov/documents/aspr-tracie-healthcaresystem-preparedness-considerations-speaker-series-summary.pdf

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Access the recording here: <u>https://attendee.gotowebinar.com/</u> recording/3405628839477723400

T R A C I E HEALTHCARE EMERGENCY PREPAREDNESS INFORMATION GATEWAY

Healthcare System Preparedness Considerations Speaker Series

June 2022





THE FUTURE OF HOSPITAL CARE

HOME HOSPITAL PROGRAMS, COMMAND CENTER DIRECTED CARE DELIVERY, AND THE "WHY" BEHIND IT

Michael J. Maniaci, MD Associate Professor of Medicine

ASPR TRACIE June 30, 2022

LEARNING OBJECTIVES

- Cite three reasons why patients may prefer to have their care in the home setting
- Identify three advantages to command center mediated care delivery
- Name three global impacts possible with these new models of care

ADVANCED CARE IN THE HOME



1

WHY DO PATIENTS WANT THIS?



THE VOICE OF THE PATIENT



"No one tells me what's going on"

"I can't sleep in this bed"

Current Problems with Hospitalization



Unintended adverse clinical events

- Delirium
- Weakness
- Infections



Access to Care

Hospital bed capacity constraints



Cost of U.S. Healthcare

- 3-day average cost ~\$30,000
- Bankruptcy ~66% tied to medical

Creditor MC. Ann Intern Med. 1993. Hung WH et al. JAMA Intern Med. 2013. Covinsky K. JAMA 2011. Healthcare.gov Himmelstein et al American Journal of Public Health 2019 AARP 2020

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Home Hospital Care: A History



- Decreased 30-day mortality
- Decreased 30-day readmissions
- Decreased falls
- Decreased delirium
- Improved mobility
- Improved sleep
- High patient experience
- Decreased cost of care
- Fewer healthcare resources used

JAMA Internal Medicine | Original Investigation

Association of a Bundled Hospital-at-Home and 30-Day Postacute Transitional Care Program With Clinical Outcomes and Patient Experiences JAMA Internal Medicine | Review

Alex D. Federman, MD, MPH; Tacara Soones, MD, MPH; Linda V. DeCherrie, MD; Bruce Leff, MD; Albert L. Siu, MD, MSPH Alternative Strategies to Inpatient Hospitalization for Acute Medical Conditions A Systematic Review

Jared Conley, MD, PhD, MPH; Colin W. O'Brien, BS; Bruce A. Leff, MD; Shari Bolen, MD, MPH; Donna Zulman, MD, MS

Avoiding hospital admission through provision of hospital care at home: a systematic review and meta-analysis of

Sasha Shepperd MSc DPhil, Helen Doll MSc DPhil, Robert M. Angus MBChB, Mike J. Clarke MA DPhil, Steve Iliffe BSc MBBS, Lalit Kalra MD PhD, Nicoletta Aimonio Ricauda MD, Vittoria Tibaldi MD PhD, Andrew D. Wilson MD

Annals of Internal Medicine

Research

ORIGINAL RESEARCH

Hospital-Level Care at Home for Acutely III Adults A Randomized Controlled Trial

David M. Levine, MD, MPH, MA; Kei Ouchi, MD, MPH; Bonnie Blanchfield, ScD; Agustina Saenz, MD, MPH; Kimberly Burke, BA; Mary Paz, BA; Keren Diamond, RN, MBA; Charles T. Pu, MD; and Jeffrey L. Schnipper, MD, MPH

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individual patient data

CMAJ

WHY DID IT TAKE 20 YEARS TO CATCH ON?



Limitations to the old model:

- Expenses are high compared to return (physician to patient ratios 1:4).
- Resources are limited (only so many providers, nurses, meds, etc.).
- Geographic coverage is limited (one hub model).

Home Hospital v2.0



Virtual care addresses the highest cost and most limited resources, the physician and the bedside nurse



Advances in telehealth technology and both internet and cellular connectivity give new overcome geographical challenges



Outsourced vendor-mediated medical supply chains become a partner in advanced care at home delivery





Home Technology

IN-HOME TECHNOLOGY

Virtual care of ACH patients is supported by Bluetooth-enabled technology

	Aedically Iome	Tue 11:3	15 am		nelius rsham		
Today's Schedule Expand							
10:30 10:45							
12:30 01:30	Physical The	erapist Appo	Answer Your Morning				
03:00 04:00	Nurse Visit	for IV Fluids					
06:00 06:25	Evening Nu	rse Visit	Symptom Survey				
09:10 09:35	Night Nurse Visit						
Talk To My Team							
Vital Sig	gns Ec	E lucation	O Take a Pho	oto	Tools		









Software Platform

Medical InstitutionPatient HomeImage: Software PlatformCommand CenterSoftware PlatformCommand Center



Command Center





Our goal is to replicate as closely as possible the capabilities of a brick and mortar hospital

WHAT DOES THIS GIVE US?



ADVANCED CARE AT HOME ACROSS MAYO CLINIC GEOGRAPHIES



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Key Advantages of a Virtual Hospital Model

• Allows brick-and-mortar beds to be used for acute, unstable patients

• Enables providers to truly understand the patient's lifestyle and care ecosystem to provide tailored, individualized care

• Can, at scale, create cost savings for healthcare providers, insurers, and patients



2

COMMAND CENTERS AND CARE DELIVERY



Hospital Command Centers

- "Air Traffic Control" for hospitals and hospital systems
- Combine real-time analytics with interdisciplinary teams in order to coordinate communication and impact outcomes.
- Focus depends on need, but common themes include:
 - Patient flow and bed capacity management
 - Management of hospital staffing
 - Resource deployment
 - Coordination of hospital transfers
 - Centralization of safety huddles and quality control coordination
 - Rapid response to both urgent medical needs and patient experience issues

1.Ground Control to Major Growth in Hospital Command Centers. (2019, September 10). Accessed June 26, 2022, from https://www.gehealthcare.com/article/ground-control-to-major-growth-in-hospital-command-centers 2.Marcinkowski B. Hospital Command Centers. GW School of Health and Science. (2020, July 7). Accessed June 26, 2022, from https://smhs.gwu.edu/urgentmatters/news/hospital-command-centers#ref2

BUT CARE IS NO LONGER JUST THE HOSPITAL



Future of Healthcare Delivery

Today \rightarrow defined by location and determined by provider Tomorrow \rightarrow defined by:

Acuity

(System and Provider)

Clinical Need

(Provider)



Resources Available

(System)

Future Command Centers

- Will help providers determine acuity and expeditiously help drive resource delivery through automation and AI
- Will have to organize resources across different geographies, capacity levels, and payers
- Will need to drive workforce and care delivery efficiency
- Will need to track healthcare resources and workforce in real-time
- Will have to anticipate and react to different external forces, like supply chain disruptions, local and national disease outbreaks, incremental weather, traffic, and international stressors.
- Will be interconnected with the global healthcare market
- CANNOT be human dependent

Care Delivery: Now and the Future

Today:

An ill patient seen by clinician \rightarrow determination that high-acuity care needed \rightarrow patient sent to Emergency Department \rightarrow Patient admitted to the hospital

Tomorrow:

An ill patient [seen] by clinician \rightarrow determination that high-acuity care needed



3

DELIVERABLES



What is the impact?



Decentralization of Healthcare



Decentralization of Healthcare

- Get healthcare to people that need it most
- Urban care
- Rural care
- People of color
- People that can't afford care
- The elderly
- People who need mental health and behavioral resources

What is the impact?





Environmental Impact

50% of Healthcare Dollars:





Cost of the building Construction \rightarrow carbon footprint Utilities (lighting, water, etc.) **Energy conservation Environmental services** Chemicals, plastics, etc.

Environmental Impact

- Command centers and software reducing resource waste
- Electronic and/ or hybrid vehicles becoming the cornerstone of care delivery in alternate environments
- Virtual technology allows an electronic connection, reducing travel needs and environmental impact
- Point-of-care labs, camera technology, and enhanced Wi-Fi will reduce the use of plastic, glass, and other resources

What is the impact?





Environmental Impact

Surge Capacity

Surge Capacity

- The current system does not have a relief valve
- The ability to mobilize virtual resources quickly
- The ability to expand rare resources nationally and globally



SUMMARY

Decentralized healthcare, led by advanced care in the home, will become a pillar of medicine

Hospital command centers will drive healthcare delivery based on acuity, need, and resource availability

These combined efforts will help drive healthcare equity, have a positive contribution to the environment, and help provide surge capacity

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