

ASPR TRACIE Technical Assistance Request

Request Receipt Date (by ASPR TRACIE): 8 May 2020

Response Date: 11 May 2020

Type of TA Request: Standard

Request:

The requestor asked for guidance resources related to COVID-19 and visitation recommendations for a local retirement condominium community. In particular, they would like to know if children under the age of 18 should be allowed to enter the building and visit with elderly family members.

Response:

ASPR TRACIE searched online for guidance materials related to visiting elderly family members in retirement communities. Resources gathered and considerations from these materials are provided in this document.

Please refer to the Centers for Disease Control and Prevention's [Coronavirus Disease 2019 webpage](#) for the most up-to-date clinical guidance on COVID-19 outbreak management.

Considerations

- Retirement communities and independent living facilities should consider limiting visitation. For example, each resident should be limited to one visitor per day.
- Restrictions should be in place for any visitors who recently traveled or have symptoms of COVID-19.
- Children should be separated as much as possible from individuals who are at particularly high risk for severe illness from COVID-19.
- The American Academy of Pediatrics suggests that children should not visit extended family members who may be at higher risk for illness from COVID-19. The [Parenting in a Pandemic: Tips to Keep the Calm at Home](#) web page recommends holding virtual video chats with loved ones instead.

Select Resources

Centers for Disease Control and Prevention. (2020). [COVID-19 Guidance for Shared or Congregate Housing](#).

The guidance provided on this web page is intended for owners, administrators, and operators of congregate housing facilities to help prevent the spread of COVID-19.

Centers for Disease Control and Prevention. (2020). [Information for Pediatric Healthcare Providers](#).

This web page includes information for pediatric healthcare providers related to children with confirmed or suspected COVID-19.

Centers for Disease Control and Prevention. (2020). [Keeping Children Healthy While School's Out](#).

This web page provides guidance on how to help keep children from getting sick with COVID-19, along with how to prevent children from getting others sick, such as practicing social distancing and good hand hygiene, and limiting their time with older adults and those with serious underlying medical conditions.

Centers for Disease Control and Prevention. (2020). [Older Adults](#).

This web page provides information for older adults and people with severe underlying medical conditions who are at higher risk for severe illness from COVID-19. It includes recommendations on how to protect those in senior living facilities.

Centers for Disease Control and Prevention. (2020). [People Who Are at Higher Risk for Severe Illness](#).

This web page includes information on who may be at higher risk for severe illness from COVID-19. These individuals include people over 65 years and older, people who live in nursing homes or long-term care facilities, and those of any age who have serious underlying medical conditions.

Centers for Disease Control and Prevention. (2020). [Preventing the Spread of COVID-19 in Retirement Communities and Independent Living Facilities \(Interim Guidance\)](#).

This web page provides guidance for owners, administrators, operators, workers, volunteers, visitors, and residents of retirement communities and independent living facilities that are not healthcare facilities. It includes recommendations on how they can help slow the spread of COVID-19 and prevent severe illness within their communities. One such recommendation is to consider limiting the number of non-essential visitors (e.g., one visitor per resident per day).

Centers for Disease Control and Prevention (2020). [Retirement Communities and Independent Living: Plan, Prepare, and Response](#).

This web page provides prevention and mitigation guidance for retirement and independent living communities.