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# Healthcare Operations during the COVID-19 Pandemic- Speaker Series

March 2021

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Access Dr. Kuhlmann's bio here:

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## Creating a COVID-19 Specialty Hospital

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# Introduction

On March 20th, 2020, our healthcare facility was a long-term, acute-care hospital. Less than a week later, we made history when it became one of the nation's first, and only, hospitals dedicated solely to treating people with severe, confirmed cases of COVID-19.



# The Ask

The transformation followed 72 hours of around-the-clock work by top engineers, construction workers, environmental service employees, infection prevention experts, and other professionals to prepare the facility to serve COVID-19 patients.



# Benefits of Cohorting

- Protect uninfected patients
- Provide specialty care
- Conserve PPE

1. CDC. Interim Guidance for Healthcare Facilities. 2020 February 29. <https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/guidance-hcf.html>
2. WHO. Operational Considerations for Case Management of COVID-19 in Health Facility and Community: Interim Guidance. 2020 March 19. [https://apps.who.int/iris/bitstream/handle/10665/331492/WHO-2019-nCoV-HCF\\_operations-2020.1-eng.pdf](https://apps.who.int/iris/bitstream/handle/10665/331492/WHO-2019-nCoV-HCF_operations-2020.1-eng.pdf)
3. Grasselli, *JAMA*. 2020 Mar 13
4. Zhu et al. *Anesthesiology*. 2020 Mar 27



# Creating the Hospital



In preparation we had to discharge the LTACH population to one of our acute care hospitals in order to repurpose the hospital for the COVID population.



# Creating the Hospital

- 40 negative flow ICU rooms
- Electrical wiring
- Radiology
- Staffing models
  - Travelling RN, RT
- Implementation: 9 days



# Creating the Hospital

Hard-to-clean carpet throughout the facility was removed and replaced with durable surfaces flooring because of the inability to clean in a sterile fashion.





# Employee Safety

We made scrubs, showers, lockers available to staff to use so they felt safe going home after work.



# New Processes

We partnered with our EMS team to practicing how to safely transport a patient into the hospital without exposing persons to airborne COVID.



# Creating the Hospital

Incident Command Structure with twice daily calls that allowed us to escalate issues.

System leaders pooled resources to solve problems.



# Creating the Hospital

Pooled all available ventilators from the operating rooms and the acute care hospitals.



# New Negative Airflow

Engineers created negative airflow rooms in the ICU by cutting a hole in the wall of the room to the outside and installing a fan to create the negative flow. This allowed us to run the ventilators without a HEPA filter and conserve our supplies.





# Creating the Hospital

UMN engineering students designed a negative airflow “hood” for procedures and comfort care extubation to lessen the exposure risks for family and staff.



# Creating the Hospital

Donning and doffing stations for all doctors and nurses was a top priority.



# Creating the Hospital



Ran drills for Code Blue Scenarios. And staff readiness.



# Staff Safety

- Safety and care for our workers is a focal point at our hospital.
- With help from university experts, UV technology was developed, tested, and deployed to decontaminate N95 masks, allowing us to preserve PPE that was in short supply.
- Wound care nurses also consulted with our employees to minimize facial injuries from PPE.
- We took staff screenings seriously to maintain the healthiest environment possible.
- Our safety procedures included enhanced guidelines developed by experts from around the world.



# Creating the Hospital

- The patients were the sickest in the system.
- We had alarms for IV drips, ventilator, and bed alarms.
  - The N95 masks and the negative airflow fans did not allow the alarms to be heard outside the rooms and the doors had to be closed at all times.
- We created a visual alarm system that would strobe lights to alert the nurses and the nursing station that an alarm was going off.



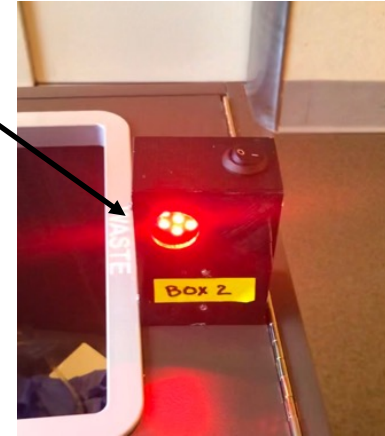
# Innovation

Problem: loud HEPA fans  
mask pump/vent alarms

Solution: Detect pump audio  
alarms, trigger a visual alarm  
outside the room



Microphone



University of Minnesota Engineering

# Outcomes

Characteristic		Floor Patients (n=149)	ICU Patients (n=138)
Age – Median (IQR)		69 (51 - 83)	64 (54 – 77)
Race – n (%)	White	94 (66)	53 (42)
	Black	21 (15)	25 (20)
	Asian	16 (11)	28 (22)
	Other	12 (8)	18 (16)
Sex (Male) – n (%)		79 (53)	56 (41)
Total Hospital Days - median (IQR)		7.7 (4.0-11.9)	8.6 (1.3-14.7)
Ventilator Days - median (IQR)		0	5.2 (1.5-14.7)
ICU Free Days - median (IQR) <sup>1</sup>			17.2 (3.4-28.3)
Death – n (%) <sup>2</sup>		10 (7)	36. (26)

475 patients as  
of July 9, 2020

# Conclusion

Because of the strains of COVID, innovation was at the forefront of developing the hospital.



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