DENVER HEALTH™
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FOR LIFE'S JOURNEY

COVID Home Monitoring

Instructions for Patients

You are awaiting test results for Coronavirus disease 2019 (COVID-19 or SARS-CoV-2), or have been confirmed to have this infection.

What is COVID-19?

People with COVID-19 often experience fever, cough, and trouble breathing, other symptoms such as headache, sore throat, runny nose, or diarrhea are less common. There is no specific treatment for COVID-19, however the majority of patients with COVID-19 will be able to recover at home after about 14 days.

What do I need to do?

As patient of the Denver Health Virtual Hospital at Home (VHH) program, our healthcare providers will monitor your progress remotely allowing you to remain out of the hospital.

We will call you **at least once daily** to ask about your symptoms and to determine your progress. **Please make sure your telephone is easily accessible.**

Your COVID Action Plan

GO

Continue monitoring at home if you:

- Have no trouble breathing
- Are able to sleep through the night
- Are able to maintain your nutrition and hydration

CAUTION

Call Denver Health Nurseline (303-739-1211) if you:

- Have a change in breathing
- Begin vomiting

DANGER

Call 911 immediately if you:

- Have difficulty breathing
- Have chest pain or pressure in your chest
- Experience sudden confusion or difficulty waking