

Access the speaker bios here: <https://files.asprtracie.hhs.gov/documents/mrc-voices-from-the-field-speaker-series-mn-hosa-MN HOSA MRC CAMP-mrc-camp-speaker-bios.pdf>

Access this recording here: <https://attendee.gotowebinar.com/recording/6553544955652362842>

Access the other recordings in this series here: <https://files.asprtracie.hhs.gov/documents/aspr-tracie-mrc-voices-from-the-field-speaker-series-summary.pdf>



T R A C I E
HEALTHCARE EMERGENCY PREPAREDNESS
INFORMATION GATEWAY

*medical
reserve
corps*



Medical Reserve Corps (MRC) Voices from the Field (Speaker Series)

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ASPR
ADMINISTRATION FOR STRATEGIC
PREPAREDNESS AND RESPONSE

MN HOSA MRC CAMP

***An interactive hands-on
certification camp for high
school students***





ABOUT THE PRESENTERS

- Tristen Rothrum: former MN HOSA State Officer President; former International Executive Council member; current MN HOSA Event Operations Manager
 - Summer Hagy: MN HOSA State Director; Central Region State Advisor on the HOSA, Inc. Board of Directors
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WHAT IS HOSA?

- International, student-led
- Career & Technical Student Organization
- Over 375,000 members worldwide
- Focuses: learn, lead, serve & innovate
- Healthcare career exploration & experiences
- Build leadership, work-based and hands-on skills



Through leadership activities, hands-on learning, volunteer and community service and innovative competitive events, HOSA members become better prepared for college & career.

MN HOSA has over 3,300 members; led by State Staff & student State Officer Team



WHAT IS MRC?

- 3 day in-person, hands-on, intensive camp
- Camp Ripley - Minnesota National Guard
- High School MN HOSA members
- Career Exploration Experiences





Practice advanced clinical skills at Camp Ripleys Medical Simulation Training Center:

- Placing IVs
- Needle decompression
- Packing gunshot wounds

Explore careers in emergency medicine through guest speakers, facility visits, and career expos

Apply learned certifications during medical and trauma scenarios with actors

Hands-on training & certifications:

First Aid

- AHA Heartsaver First Aid

CPR

- AHA Heartsaver CPR AED

Psychological First Aid

- Free online course provided by the University of Minnesota titled “PUBH X327 - Psychological First Aid: A Minnesota Community Supported Model”
- Students completed before attending camp

Narcan Training

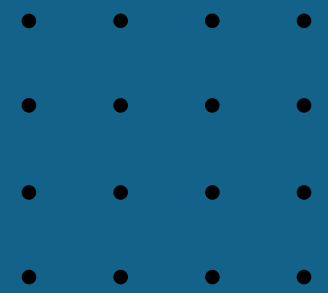
- Through the Steve Rumler Hope Foundation

Stop the Bleed

- Through the Sherburne County Emergency Preparedness Team

ICS-100

- Free online course administered through FEMA. Students complete beforehand



Scenarios



- 10 scenarios total
- 2 victims(Actors) and 1 scenario Coordinator per scenario
 - victims are moulaged prior and given a specific medical or trauma scenario
 - victims were usually healthcare professionals who provided critiques and advice to the students afterward
 - Scenario Coordinators Keep track of time and provide any additional scenario information
- Allocated 3 mins for students to complete scenario, 2 mins for victim debrief with students, and 1 min for rotation.
- Teams of 4 students, treated one victim, so 2 teams were completing each scenario at a time



MRC REGISTRATION

Students were given an overview of MRC:

- Requirments to join
- Unit dynamic
- Activation
- Responsibilities during an activation

MNResponds:

- Students registred for the statewide MN HOSA unit
- Even through under 18, in partnership with the MN Department of emergency preperendess, students older that 16 could join the statewide unit
- In the event of an activation, their roles and activation would be reviewed and age appropriate until they turn 18



CAMP LOGISTICS/REQUIREMENTS

- Facility
 - Collaboration
- Instructors
- Volunteers
- Funding
- Supplies



FACILITY - CLASSROOMS

- Through partnership with the Minnesota National Guard, classroom facilities provided free of charge:
 - Two classrooms with capacity of 30 each (CPR & First Aid)
 - One Classroom with capacity for 90 people (Welcome, full group training, Career expo)
 - Conference room for Leadership
 - Additional spaces for scenarios
 - Recreational Center for trauma/medical scenarios



FACILITY - ATTENDEES

- Student Sleeping: One Army Barrick
 - 4 wings used to house 86 students - 2 beds/wing
 - 1 wing for boys
 - 3 wings for girls
- All facilities were within the same block, so no transportation needed to get students to training center or dining hall
 - School bus rental for transport to/from MSTC and Fire Department
- Students eat all meals at the camp dining hall
 - MN HOSA was billed for the total number of meals as indicated by sign-in log
- Camp Staff stay in “Maid Service Rooms”

INSTRUCTORS & VOLUNTEERS

- Certified Paramedics or Certified CPR/FA Instructors
- Students from local OEC program support hands-on training
- HOSA Advisors/Volunteers sign off on skills
- Alumni campers sleep in Barracks along with MN HOSA State Officers



FUNDING & SUPPLIES

- Campers are charged \$100
- MN HOSA pays for meals and maid service rooms
- Partners support some supply costs
- Most supplies are used to repack “Go Bags” used during training



PARTNERSHIP OPPORTUNITIES

- Scholarships for student attendees
- Volunteers to support hands-on learning
- Donation of supplies
- Financial support of meals/staff rooms



THANK YOU!



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Contact Us



asprtracie.hhs.gov



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